

CHEMICAL CONSTITUENTS AND PESTICIDE RESIDUES LEVELS IN HUMAN, COW AND BUFFALOES MILK

Amani El-Mousallamy; Zakaria M. Selem; A. Shams El-Din and A.A. Abdel-Gawaad

Faculty of Science, Zagazig Univ.; Faculty of Agric., Minia Univ. and Faculty of Agric. Moshohor, Zagazig Univ.

(J. Egypt. Soc. Toxicol. Vol. 16: 115-118 Jan. 1996)

ABSTRACT

Milk and its products are a main constituent of the daily diet, especially for vulnerable groups such as infants, school-age children, pregnant, lactating women and old age.

A total of 128 samples were collected at random from different sources and sites in Egypt. Seven samples were human milk, 67 were cows milk and the rest were Buffaloes milk. All the tested samples were analysed for the detection of fat, sugar, protein and ash. Data indicate that there was a great difference in their constituents. Buffaloes milk headed all the tested milk samples in its contents of fat, protein and total ash, while human milk had a greatest percentage in sugar.

All the tested samples of buffaloes and cow milk contained DDT and/or its metabolites, Lindane, endrin, dieldrin, while only 85 % of the tested human milk samples contained one or more of the investigated pesticides.

The presence of these residues varied between traces to 11.9 ppm. in buffaloes and cow milk, while the maximum residue level was 1.26 ppm in the case of human milk. The level of pesticide residues was related to the fat content of the tested milk. Buffaloes milk headed all the other tested milk in its content of pesticide residues followed by cow and finally by human milk.

INTRODUCTION

Several limited monitoring programs received an extensive investigation in order to detect residues from organochlorine compounds in milk. Goursaud *et al* 1972, Goursaud 1976, Fries and Marrow 1976, Uhnak *et al* 1978, Riva and Anadon 1991, Frank *et al*, 1970, 1975, 1979 and 1985 Frank and Braun, 1989.

Riva and Anadon 1991 reported that by determining the pesticide residues in 460 samples of cow milk, all samples were contaminated by one or more of the investigated pesticides. Most of the milk samples were contaminated with HCH isomers, DDT isomers, Aldrin and Dieldrin. Lindane was found in all analyzed samples whereas, endrin, heptachlor, heptachlor epoxide, endosulfan, methoxy-chlor and mirex were not detected in any sample.

Now measurable amounts of pesticides residues find their way to pollute our food. Organochlorine pesticides were detected in human milk samples in Finland (Russalo-Rauhamaan *et al*, 1988); in Italy (Dommarco *et al*, 1987); in Norway (Skare *et al*, 1988); in Sweden (Noren and Sjoval, 1987); in Kenya (Kanja *et al*, 1992); in Zimbabwe (Chikuni *et al*, 1991); in Germany (Ehrenstorfer *et al*, 1991); in Yugoslavia (Krauthacker, 1991); in Egypt (El-Sheikh *et al*, 1989 and Dogheim *et al*, 1991); in Canada (Frank *et al*, 1985); in France (Borde *et al*, 1993) and in Brazil (Bereira and Dick, 1994). Data also indicate that cow milk is also polluted by organochlorine residues as reported before by Jahn *et al*, 1991; Saleh 1991 (in USA); Juszkiewicz and Niewudowska 1984 (in Poland); El-Alfy 1981; Abdel-Gawaad and

Shams El-Din 1989 (in Egypt); Mukherjee and Gopal 1993 (in Delhi); Trotter and Dickerson 1993 (in United States) and Kristoforovic, Inic and Slavic 1995 (in Yugoslavia).

MATERIALS AND METHODS

A total of 128 samples were collected at random from different sources and sites in Egypt. Twenty seven samples were human milk, 67 were cow milk and the rest were buffaloes milk.

The samples were kept in deep-freezer under -18°C until analysis. For the determination of protein, Ash, fat and lactose, the same methods reported by FAO 1986 were conducted.

Standards used:

The following primary standards were obtained from the repository of the U.S. Environment Protection Agency at Research Triangle Park, N.C. These standards included, aldrin, dieldrin, BHC, chlordane, DDE, DDD, DDA, DDT, endrin, heptachlor and lindane.

The working standard solutions of three concentrations were prepared daily 1.2 and 4 nanogram per microliter with pesticide quality hexane solvent.

Extraction and clean up:

One sisp extraction and clean up was conducted according to the modified multiresidue method of Stive and Cardmale, 1974 as reported by Abdel-Farah *et al*, 1992.

Detection:

Hewlett Packard, Model (HP5890 A) programmable gas chromatograph with HP-101 methyl silicone fluid

columns (25 x 0.2 mm), equipped with an electron capture detector was used.
Operating conditions: Initial temperature 150°C, temperature rate 5°C per min., final oven temperature 220°C, detector temperature 300°C and flow of carrier gas 40 ml N₂ per min.

RESULTS

Chemical constituents of human, cow and buffalo milk indicated that the percentage of fat in human milk varied between 3.67- 3.79%, while it was 3.89-4.12 and 7.58-7.98 for cow and buffaloes samples respectively. Buffaloes milk headed all the tested milk in its content of protein (3.98-4.00%), followed by Cow milk (3.27-3.31%) and by human milk (1.89-2.03 %). Human milk headed all the other tested milk in its sugar content (6.19-6.21%) followed by buffaloes milk (5.01-5.19%), and by cow milk (4.99-5.09%). The total content of ash was (0.68, 0.31, 0.78% for cow, human and buffaloes milk respectively (table 1).

Table 1: Chemical constituents of different types of milk.

Type of milk	Mean percentage			
	Ash	Fat	Protein	Lactose

Cow	0.67	3.65	3.39	5.04
Buffalo	0.86	7.51	4.79	4.60
Human	0.32	3.69	2.25	6.33

The data in table (2) illustrated that endrin and dieldrin were not detected, while total DDT had the maximum residue level (0.3215 ppm). All residues were below the MRL's. Chlordane residues were detected at an exceptionally high level followed by aldrin and lindane.

Table 2: Average estimated chlorinated hydrocarbon insecticides in Cow milk.

Residues	Mean ± S.E	ppm (µg/kg)	Residues range (ppm)		Incidence	MRL or ERL	mg/kg
			range	%			

Aldrin	0.023±0.0189	0.00-0.1138	56	0.006*	0.006*	0.006*
Chlordane	0.098±0.0325	0.00-1.2357	67	0.002	0.002	0.006*
Dieldrin	ND	-	0	0.006*	0	0
Total DDT	0.312±0.5027	0.00-3.6721	24	0.050	0.050	0.008
Endrin	ND	-	0	0.008	0	0.006
Heptachlor	0.107±0.0652	0.00-0.9753	31	0.006	0.006	0.010
Lindane	0.004±0.0031	0.00-0.0214	47	0.010	0.010	

ND=Not detectable residues, MRL = Maximum residues limits, ERL = extraneous residues limits, * ERL for sum, Aldrin + dieldrin

Results in table (3) show that heptachlor had the maximum level (0.3981±0.2793) in buffaloes milk followed by the total DDT, while dieldrin and endrin were traces (less than 0.001ppm). Chlordane residues were the most incidental (65%) while endrin or dieldrin were the lowest one, 8 and 10 % respectively.

Table 3: Percentages estimated chlorinated hydrocarbon insecticides in Buffaloes milk samples.

MRL or ERL	mg/kg	Residues ppm	Residues range (ppm)		Incidence	%
			range	%		

Aldrin	0.032±0.0291	0.0 - 0.1138	44	0.006*	0.002	65
Chlordane	0.041±0.0385	Traces - 1.4275	65	0.002	0.006	10
Dieldrin	traces	0.0 - Traces	10	0.006	0.050	32
Total DDT	0.371±0.6011	Traces - 4.3753	32	0.050	0.008	8
Endrin	traces	0.0 - Traces	25	0.006	0.006	25
Heptachlor	0.398±0.2793	0.0 - 0.8898	54	0.010	0.010	54
Lindane	0.005±0.0046	Traces - 0.0300	54	0.010	0.010	

Table 4: Average estimated chlorinated hydrocarbon insecticides in Human milk samples.

MRL or ERL	mg/kg	Residues ppm	Residues range (ppm)		Incidence	%
			range	%		

Aldrin	0.003 ± 0.0017	0.00-0.00112	28	0.006	0.002	14
Chlordane	0.003 ± 0.0023	0.00-0.0143	14	0.002	0.006	14
Dieldrin	Traces	0.00 - Traces	14	0.006	0.050	100
Total DDT	0.056 ± 0.0096	Traces-0.5107	100	0.050	0.008	28
Endrin	0.011 ± 0.0027	0.00-0.0340	28	0.008	0.006	85
Heptachlor	0.008 ± 0.0012	0.00-0.0340	85	0.006	0.010	71
Lindane	0.008 ± 0.0309	0.00-0.0309	71	0.010	0.010	

Table (+) indicates that all human milk samples contained DDT residues or its isomers , at a level of (0.0569 ± 0.0096 ppm which can be considered as the highest level between all detectable residues. Chlordane and dieldrin residues were detected in 14 % of the tested samples. Dieldrin was detected in traces while chlordane level was 0.0037 ppm.

DISCUSSION

From the above results it is clear that all sources of milk contained pesticide residues.

The MRLs or ERLs established by the Codex Alimentarius commission (CAC) of the FAO/WHO food standard programs, illustrated that all the determined residues in different kinds of milk were under these limits.

These results agreed with the results reported by Dohheim et al. 1991 and confirmed with the results of El-Sheikh et al. 1989 and Abdel-Fatah et al 1993.

The global perspective of organochlorine pesticide

residues in dairy milk as compiled by GEMS/food programme reveals from the data submitted by reporting countries, that in general, milk contains the highest residue levels compared to any other food group. However, these residues are generally below MRL's with a few exceptions and are slowly declining in most developed countries such as USA, Canada and Netherlands as well as some developing countries. There is no evidence of changes in these levels with time as the general trend is maintained except for Germany, Japan and some developing countries, where the level is increasing at a high rate (GEMS, 1991).

The organochlorine insecticides detected in this study are in accordance with previous studies conducted in Egypt in general for most pesticides. However, residues for some pesticides, that were not used extensively in Egypt (i.e. heptachlor, chlordane) at any time, were detected at an exceptionally high level in all sources of milk tested. This could only be explained by the contamination of animal feeds and concentrates used. As the relation between the levels of chlorinated hydrocarbons in feed and that in milk is linear. However at lower levels in feed, the level in milk could be as much as double or more than in feed, Witt *et al.*, 1966 and Matsumura 1976. These feeds and concentrates are being imported from countries that used or may be are still using these pesticides.

REFERENCES

- Abdel-Fatah, M.; N.A. Labib; Z.M. Seleim; Amani El-Mousallamy; A.E.A. Ezz and A.A. Abdel-Gawaad (1992): Monitoring of PCB's and organophosphorous pesticides residues in milk. *J. Egypt. Soc. Toxicol.*; 9: 15-18.
- Abdel-Fatah, M.; N.A. Labib; Z.M. Seleim; Amani El-Mousallamy; A.E.A. Ezz and A.A. Abdel-Gawaad (1993): Monitoring of organochlorine pesticide residues in both fresh and packed milk. *J. Egypt. Soc. Toxicol.*; 10:1-4.
- Abdel-Gawaad, A.A. and A. Shams El-Dine (1989): Insecticide residues in total diet samples. *J. Egypt. Soc. Toxicol.*; 4: 79-84.
- Beretta, M. and T. Dick (1994): Organochlorine compounds in human milk, Porto Alegre, Brazil. *Bull. Environ. Contam. Toxicol.*; 53(3): 359-360.
- Bordet, F.; J. Mallet; L. Maurice, S-Borrel and A. Venant (1993): Organochlorine pesticide and PCB congener content French Human milk. *Bull. Environ. Contam. Toxicol.*; 50 (4): 425-432.
- Chikuni, O.; J.VU. Skare; N. Hyazema and A. Polder (1991): Residues of organochlorine pesticides in human milk from mothers living in the greater Harare area of Zimbabwe. *Cent. Afr. J. Med.*; 37:136-141.
- Dogheim, S.M.; M.M. Almaz; S.N. Kostandi; and M.E. Hegazy (1988): Pesticide residues in milk and fish samples collected from upper Egypt. *J. Assoc. Off. Anal. Chem.*; 71:872-874.
- Dogheim, S.M.; M. El-Shafeey and F.E. Abdel-Aleem (1991): Levels of pesticide residues in Egyptian human milk samples and infant dietary intake. *J. A.O.A.C.*; 74: 89-91.
- Dommarco, R.; A.D. Muccio; I. Comoni and B. Giegli (1987): Organochlorine pesticide and polychlorinated biphenyl residues in human milk from Rome (Italy) and surroundings. *Bull. Environ. Contam. Toxicol.*; 39: 919-925.
- Ehrenstorfer, S.; J. Hiebl; E. Lassek and A. Rapp (1991): Results of human milk analysis for pesticide levels in women of the South Bavarian region. *Off. Gesundheitswes.*; 53:784-91.
- El-Alfy, M.B. (1981): Studies on the residues of insecticides in some foods. M.Sc. Thesis Zagazig Univ, PP. 118.
- El-Sheikh, Enas; E. Ezatt ; M.I. Ahmed and A.M. Mishriki (1989): Quantitative assessment of breast milk for some chlorinated hydrocarbons and their effects on infants. *Third World Conf. on Environmental and health hazards of pesticides.* Cairo, Egypt. Abs. III:16-P.
- FAO (1986): Manuals of food quality control, 8- Food analysis quality, adulteration and tests of identity FAO, Rome - P. 3.
- Frank, R.; H.E. Braun and J.W. McWade (1970): Chlorinated hydrocarbon residues in the milk supply of Ontario, Canada. *Pestic. Monit. J.*; 4:31-41.
- Frank, R., E.H. Smith; H.E. Braun and J.W. McWade (1975): Organochlorine insecticides and industrial pollutants in the milk supply of the southern region of Ontario, Canada. *J. Milk Food Technol.*; 38:65-72
- Frank, R.; H.E. Braun; M. Holdrinet; G.L. Sirons; Smith and E.H. Dixon; D.W. (1979): Organochlorine insecticides and industrial pollutants in the milk supply of Southern Ontario, Canada, 1977. *J. Food Prot.*; 42: 31-37.
- Frank, R.; H.E. Braun; G.H. Sirons; J. Rasper and G.G. Ward (1985): Organochlorine and organophosphorous insecticides and industrial pollutants in the milk supplies of Ontario-1983. *J. Food Prot.*; 48:499-504
- Frank, R. and H.E. Braun (1989): PCB and DDE residues in milk supplies of Ontario, Canada 1985-1986. *Bull. Environ. Contam. Toxicol.*; 42:666-669.
- Fries, G.F. and G.S. Marrow (1976): Hexachlorobenzene retention and excretion by dairy cows. *J. Dairy Sci.*; 59:475-480.
- GEMS (1991): Assessment of chemical contaminants in food: Report on the results of the UNEP/FAO/WHO programme on health-related environment monitoring. Rome.
- Goursaud, J. (1976): Excretion of hexachlorobenzene in cow's milk. *Technicien du lait.* 0008 Ref. 5-10.
- Goursaud, J.; F.M. Luquet J.F. Boudier and J. Casalis (1972): Contamination of milk with hexachlorobenzene residues. *Indust. Alim. Agr.*; 89:31-35.
- Jahn, F.; A. Miebs; E. Kirst; V. Hesse and H.G. Ronnefurt (1991): Contamination of breast milk with organochlorine compounds in comparison with cow's milk and selected products in the new federal districts. *Kinderarztl-Park* 59-76.

- Juszkiewics, T. and A. Niewiadowska** (1984): Pesticide and polychlorinated biphenyl residues in animal tissues, milk, eggs and environment in the light of own studies during 15 years. *Medycyna Weterynaryjna*, 40:323-327.
- Kanja, L.W.; J.U. Skaara; S.B. Ojwang and C.K. Maitai** (1992): A comparison of organochlorine pesticides residues in maternal adipose tissue maternal blood, cord blood, and human milk from mother/ infant pairs. *Arch. Environ. Contamin. Toxicol.*; 22: 21-24.
- Krauthacker, B.** (1991): Levels of organochlorine pesticides and polychlorinated biphenyls in human milk and serum collected from lactating mothers in the northern Adriatic area of Yugoslavia. *Bull Environ. Cont. Toxicol.*; 46:797-802.
- Kristoforovic-Inic, M. and M. Slavic** (1995): Organochlorine insecticide residues in serum of adult persons with disorder of fat metabolism. 33rd international congress on forensic (TIAFT) and 1st on Environmental Toxicology (Gretox 1995), Greece, August 27-31, P. 74-77.
- Matsumura, F.** (1976): Toxicology of pesticides .Plenum Press, New York.
- Mukherjee, I. and M. Gopal** (1993): Organochlorine pesticide-residues in dairy milk in and around Dalki J. *AOA center national*, 76(2): 283-286.
- Noren, K. and J. Sjovall** (1987): Analysis of organochlorine pesticides, polychlorinated biphenyl dibenzodioxins and dibenzofurans in human milk by extraction with the bipophilic gel Lipidex 5000. *J. Chromat.* 422: 103-105.
- Riva, C. and A. Anadon** (1991): Organochlorine pesticide in cow's milk from agricultural region in Northwestern Spain-*Bull. Environ. Contam. Toxicol.*; 49:527-533.
- Russalo-Rouhaman; H.P. Raubamaa; H. Gysalo and K. Antervo** (1988): Relation between the content of organochlorine compounds in finnish human milk and characteristics of mothers. *J. Toxicol. Environ. Health*, 25:1-19.
- Saleh, M.A.** (1991): Toxaphene, chemistry, biochemistry toxicity and environment fate. *Rev. Environ. Contam.*; 118: 1-85.
- Skaara, J.U.; J.M. Tuveng and H.A. Sande** (1988): Organochlorine pesticides and polychlorinated biphenyls in maternal adipose tissue, blood, milk and cord blood from mothers and their infants living in Norway. *Arch. Environ. Contam. Toxicol.*; 17:55-63.
- Stijve, T. and E. Cardinale** (1974): Rapid determination of chlorinated pesticides, polychlorinated biphenyl and number of phosphated insecticides in fatty foods. *Mitt. Gebiete Lebensm. Hyg.*; 85: 131-150.
- Trotter, W.J. and R. Dickerson** (1993): Pesticide residues in composited milk collected through the United-States pasteurized milk Network. *J. AOAC International*, 76(6): 1220-1225.
- Uhnak, J.; A. Szokolay and M. Sackmaurova** (1978): Human exposure to hexachlorobenzene and chlorinated insecticide residues from cow's milk and human milk. 20th Intern. Dairy Congress :118-119.
- Witt, J.M.; W.H. Whiting and H.E. Brown** (1966): Inorganic pesticides in the environment .*Advances in chemistry series 60*, American Chemical Society, Washington D.C.; P.99.